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## HEALTHY KIDS COOKING FROM SCRATCH 2017

Thank you for your interest! We are looking for a wide variety of healthy recipes that showcase the amazing culinary talents of young chefs!

We are looking for submissions in the following categories:  
Breakfasts, Lunches, Dinners, Snacks, Beverages, and Desserts.

**Deadline for submission is: February 28, 2017.**

All proceeds of this cookbook will be donated to Nutrition for Learning and the KW Food Revolution.

Please use this form to write out your recipe. Then, send this form along with a photo of your recipe to [krista@kristaharrison.com](mailto:krista@kristaharrison.com)

First Name:

Last Name:

Age:

Parent's Email:

What does healthy mean to you?

Recipe Title:

Short Recipe Description:

Prep Time:

Cook Time:

Number of Servings:

**ALL PARTICIPANTS WILL RECEIVE A COOKBOOK AS A THANK YOU FOR THEIR CONTRIBUTION**

